

# Coach Profile: Sean MacLeod

**Position:** Head Coach

**Team/Organization:** U18 NBC Kitchener Jr Rangers

**Email:** [seanmacleod@ymail.com](mailto:seanmacleod@ymail.com)

**Social Media Links:** N/A

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## Coaching Philosophy:

Creating and maintaining a culture that fosters individual and team development, positivity, and respect for all through a safe environment for the athletes to succeed. Developing a strong work ethic, generating enthusiasm for sport while understanding accountability.

## Coach and Player model:

High Energy – Respect – Compete

Building and leading a high-energy team who respects the game/team/opponent while having a strong compete level.

Sean believes that following the coach and player model will lead to a successful hockey season where everyone enjoys the sport and develops as a player. Players must be cohesive and work together towards a common goal to succeed on and off the ice.

## Game Theory:

Maintaining puck possession by making smart, effective and purposeful plays with the puck.