



Player Name: \_\_\_\_\_ Code: \_\_\_\_\_

### **Kitchener Lady Rangers U11AA 2025-2026**

#### **Coaching Staff:**

Head Coach - Andrew Day - [andrewcday@gmail.com](mailto:andrewcday@gmail.com); 519-500-9395

Assistant Coach - Megan Chapman

The remainder of the coaching and team staff will be named after tryouts are complete.

#### **Commitment and expectations:**

To be a successful AA team, there is a high level of commitment and sacrifice required from players, parents, families, and coaches. This coming season, between practices, games, tournaments and extra training (skills, power skating, dryland) there may be in excess of 130 ice times. Barring injury, illness, or extenuating circumstances, attendance to all team training is expected.

If your player or family is not prepared to make this commitment, please let the coaching staff know.

#### **Evaluations:**

Players will be evaluated on their attitude, behaviour, and conduct from the moment they enter the arena. Players that are not respectful toward teammates, trainers, coaches, officials and opponents will not be considered for this team, regardless of skill level.

Players selected for this team will be players that are ready and willing to put the hard work in to improve their team and individual performance.

Non-parent evaluators will be present at all tryout ice times.

Evaluators will be looking for:

1. Team players; hockey is a team sport and we will succeed and fail as a team.
2. High effort/compete level and a positive attitude.
3. Coachability and a desire to learn.
4. Hockey knowledge and hockey IQ.
5. Skill and speed.

### **Coaching Philosophy:**

As stated above, hockey is a team sport; winning comes from hard work **as a team**, not by individuals alone. All players will play in all situations so they can gain experience and develop. Equal ice time will be the goal, with the exception being during the last 5 minutes of an elimination game.

Practices will be high-tempo, competitive, and fun.

A player will never miss ice time for making a mistake. A player could, however, miss ice time for a poor attitude or poor effort level.

Ultimately we want the players to gain a love for the game, the hockey community, and all of the positive impacts it can have on your life.

### **Schedule:**

Please check the team website regularly for updates and schedule changes. For games, please arrive and be ready to go for warm ups 45 minutes prior to the start of the game.

### **Releases:**

Releases will be made via your player's code on the website. If you haven't received your player's code please reach out and I will be happy to get it to you.

After releases are made, please feel free to reach out for feedback 24 hours after posting. Tryouts are a very stressful and emotional time for everyone involved; please be respectful of the task the coaching and evaluation staff has in selecting the team.

### **Tournaments:**

It is our intent to enter 4 tournaments, and to qualify for the Provincial Championship tournament in April. Tournament locations are TBD.

**Budget:**

In addition to the KMHA registration fees, team fees will be in the \$2750-\$3250 range. Budget details will be discussed at the parent meeting once the team is selected.

Travel and apparel costs will be in addition to team fees.

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Should you or your player have any questions, please feel free to ask.

Thanks,

Coach Andrew

519.500.9395