## **Coach Profile: Grant Priddle**

Position: Head Coach,

**Team/Organization:** U10 AA Kitchener Jr Rangers

**Coaching Experience:** 12 years

Email: priddleg@yahoo.ca

# **Coach Biography:**

In my youth I was a very active child playing a variety of sports, whether it was baseball, basketball, hockey or track and field I could always be found playing somewhere. My passion for sport and competition led me to Brock University as a young adult where I graduated with an honour's degree in Kinesiology. After a brief stint as a personal trainer, I ended up diverting my career path into construction. I worked my way up from a labourer to an apprentice to a carpenter. After many years as a carpenter, I ended up supervising, and this is where I find my self today as a site supervisor for Nith Valley Construction.

Although I did not use my university degree as my career path, I always felt that it was never a waste of time, and I would one day put it to use. That day came in 2013 when I volunteered to start coaching and I have been coaching ever since. The early years where very successful with my team winning 2 Alliance championships and many winning seasons. Covid put a halt on life for 2 years and hockey was very different. Once competitive hockey resumed my team placed third at the Alliance championships and last season, we were silver medallist at the Alliance Championships. This season we are battling some tough competition in hopes of bringing home the gold.

Sport has always been a big part of my life, and now that my playing days are long over, I have turned my passion for sport into coaching. I enjoy the ups and downs it brings and the opportunity it allows me to give back to my community. I have met so many unbelievable people throughout my time coaching and look forward to the new and exciting opportunities that it continues to bring me.

# **Coaching Philosophy:**

To provide an enjoyable and competitive program where players can achieve their short and long-term goals, through skill development and hard work not only to be successful at hockey but in life as well.

## **Coaching Style:**

Our goal is to provide a program where players can grow and develop through drills and small area games. The ultimate goal is to have the players be able to use their hockey I.Q and skills to problem solve and develop as player within the game of hockey

# **Personal Coaching Mission:**

To provide a positive and supportive atmosphere where players will develop a love of the game of hockey that will last a lifetime

## **Playing Experience:**

Position(s) Played: Forward/ Defence

High School - Centennial High School Montreal Qc

**Representative/Minor Hockey:** Played Rep hockey in Brossard Quebec and finished my minor hockey career in Mount Forest

## **Coaching Certifications & Education:**

Level of Certification: D1, Checking Skills 1, Professional Development Day

Clinics 1-8

First Aid/CPR Certified: Yes

Other Relevant Certifications or Courses: Honours Degree in Kinesiology

Brock University, CPTN Personal Trainers Certificate

### **Coaching Achievements & Recognition:**

**Championships/Medals-**

2016 Alliance Novice Champions

2017 Alliance Atom Select Champions

## **Coaching Specialties & Focus Areas:**

### **Skill Development:**

At the U10 age it is very important to develop the basic skills it takes to compete at the highest level. This will be done through skill and tactical drills which will be developed through small area games

### **Mental & Physical Conditioning:**

We will provide a positive and supportive atmosphere to increase a player's self worth through personal player feed back

Physical conditioning will be achieved through on and off ice conditioning

### **Tactical & Strategic Understanding:**

At the U10 level it is of upmost importance that players develop the skills necessary to perform the tactical and strategic skills it takes to execute a breakout and powerplay. Once the team has shown the capability to execute these skills the players will be introduced to the modern style of hockey I.E. F1, F2, F3 and positionless hockey

#### **Team Leadership & Culture Building:**

I believe it is important to provide a safe and secure dressing room where players can be themselves, where they enjoy coming to the rink and hanging out with their friends.

## **Testimonials:**

#### **Parent Feedback:**

#### **Stephen MacNeil:**

"Thanks for your time and dedication this season, Grant. It was a great season. We look forward to the next one."

#### Joanna Lewis:

We are so very grateful for all of the time, leadership and kindness that you have given to Peter this year.

We are very appreciative of your influence on him and especially of the kindness that you offered to the 06 kids toward the end of this season. We will be sure to come and cheer you on next year when you win the Alliance Championship and stick it to Oakridge! Thank you from the bottom of our hearts, Grant.

Joanna

### **Player Feedback:**

#### **Liam Alcock:**

"Hey Coach, great season. I already can't wait for next year. Thank you for all your hard work and dedication to the team"

# **Philosophy on Player Development:**

### **Individualized Approach:**

Players will have quarterly coaching meetings with the coaching staff to discuss strengths and weaknesses and areas of improvement.

On ice development will have practices focused on the position you have chosen I.E. goalie, forwards and defence

#### **Focus on Growth, Not Just Results:**

Player development is the top priority, and the U10 age team success will only come when players have learned the skills needed to compete on ice

#### **Positive Reinforcement:**

Hockey is a game of mistakes; players will be taught through positive correction and positive reinforcement

#### **Balancing Fun & Hard Work:**

Hockey is a long season it is important to have fun on and off the ice. Practices will incorporate small area games to help increase the enjoyment of practice but also to enhance individual skill. Off the ice monthly social events and gatherings will be planned for everyone's enjoyment

# Why Choose Coach Grant for Your Child?

### **Elite Development:**

Players will have access to top level training through several high-level programs in the area. Which will be on top of their weekly practices

#### **Experienced & Trusted:**

I believe it is important that every individual in the program to be treated equal. Throughout my years of coaching, I have learnt that it is best to be open minded. By valuing everyone's ideas and opinions you create less conflict because everyone feels more apart of the team

#### **Holistic Growth:**

I believe it is important to be a Man of integrity and morals. Players are easily influenced by there coaches' attitude and behaviour this is why it is important as a coach to be a role model for their young minds

**Contact Coach: Grant Priddle** 

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