

Coach Profile: Josh Bedard

Position: Head Coach

Team/Organization: U12 AA/A Kitchener Jr Rangers

Coaching Experience: 8 Years

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Coach Biography:

Experience, Dedication, and Passion for Player Development

With a rich background in hockey, baseball, and football, Coach Josh Bedard brings a unique blend of experience and dedication to his coaching. His multifaceted approach, influenced by the fast-paced nature of hockey, the competitive edge of football, and the precision of baseball, equips him to develop well-rounded athletes. Josh's commitment to player growth extends beyond the ice, fostering both athletic and personal development.

Coaching Philosophy

Leadership with Purpose: Coach Josh inspires his players to perform at their best, not only through his energy and passion for the game but also through his ability to foster confidence in each individual. He believes in building players up, helping them see their potential, and challenging them to reach it.

Relentless Work Ethic: Josh sets the standard for hard work. He emphasizes that success is earned through dedication, consistency, and the willingness to put in the extra effort. By demonstrating this mentality himself, he leads his teams with integrity and shows players the importance of perseverance.

Building Resilience: A key element of Josh's coaching is his focus on developing both mental and physical toughness. He teaches his players how to overcome challenges, handle pressure, and bounce back from setbacks, ensuring they are prepared for whatever obstacles they may face.

Relationship-Centered Coaching: Coach Josh prioritizes building strong relationships with his players, their families, and his fellow coaches. He believes that trust and communication are vital to creating a successful and cohesive team. These relationships are the foundation of his coaching.

approach, enabling him to understand each player's individual needs and foster an environment where they can thrive.

Attention to Detail and Skill Development: Josh's commitment to skill development is rooted in his attention to detail. Whether it's refining a player's technique or ensuring they understand the finer aspects of the game, Josh emphasizes the importance of mastering the basics and continuously improving.

Teamwork and Accountability: Coach Josh teaches his players the value of teamwork and the importance of putting the collective good of the team above individual goals. He stresses the importance of mutual respect and accountability, fostering an environment where players hold themselves and each other to high standards.

Character and Integrity: Above all, Coach Josh values the development of character. He instills in his players the importance of playing with integrity, passion, and respect for others. He believes that the lessons learned on the ice extend far beyond the game, shaping players into individuals who are prepared to succeed in all areas of life.

Coaching Style

Coach Josh's coaching style is dynamic and adaptive, tailored to meet the needs of each player and the team as a whole. He combines a structured approach with flexibility, ensuring that his coaching methods evolve with the players' development. His style is characterized by:

Positive Reinforcement: Josh uses positive reinforcement to build confidence and motivate his players. He celebrates their successes and provides constructive feedback to help them improve.

Hands-On Instruction: He believes in active participation and hands-on instruction, often demonstrating techniques and drills himself to ensure players understand and can replicate them.

Open Communication: Josh maintains open lines of communication with his players, encouraging them to express their thoughts and concerns. This transparency helps build trust and fosters a supportive team environment.

Adaptability: Recognizing that each player is unique, Josh adapts his coaching methods to suit individual learning styles and needs. He is always willing to adjust his approach to maximize each player's potential.

Focus on Fundamentals: While he encourages creativity and innovation, Josh places a strong emphasis on mastering the fundamentals. He believes that a solid foundation is crucial for long-term success.

A Coach Who Prioritizes Growth

Coach Josh's approach goes beyond just developing athletes; it's about shaping well-rounded individuals. His focus on both personal and athletic growth makes him an impactful coach who understands the role sports play in teaching important life lessons. His players leave with more than just improved skills—they gain confidence, resilience, and the tools to navigate life's challenges.

Coaching Resume

2018-2019: U8 BB Kitchener Jr. Rangers White Head Coach
2019-2020: U9 BB Kitchener Jr. Rangers White Head Coach
2020-2021: U10 BB Kitchener Jr. Rangers Red Head Coach
2021-2022: U8 BB Kitchener Jr. Rangers Blue and White Program Lead
2022-2023: U9 BB T1 Kitchener Jr. Rangers Red Head Coach
2022-2023: U7/U8 KMHA Skill Development and Coaching Mentor
2023-2024: U10 AAA Kitchener Rangers AAA Assistant Coach
2024-2025: U11 AAA Kitchener Jr. Rangers AAA Head Coach

Qualifications:

- Development 1
- Respect In Sport - Activity Leader
- Professional Development - Member Coaching Day Clinics
- Coach 1 - Intro to Coach
- Gender Identity and Expression Course
- HU - Planning a Safe Return to Hockey
- HCSP Trainer Level 1 Refresher - Certified (HCSP-L1)